

dú jīng cóng zhǔ huà dé wèi yǎng  
读经 - 从主话得喂养 (诗歌 586)

Study of the Word - Feeding on the word (Hymn 811)

6/4 G

5 3 6 5 3 i | 7 5 2 i -- | i i i i 7 i | 2 2 3 2 -- |  
 zhǔ à wǒ xīn wǒ líng yòu kě yòu jī jīn lái jiù nǐ qiú nǐ gěi wǒ gòng jǐ  
 主啊，我心我灵又渴又饥，今来就你，求你给我供给；  
 My heart is hun-gry, my spir- it doth thirst; I come to Thee, Lord to seek Thy sup- ply;

3 2 i i 7 6 | 5 6 5 3 -- | 4 2 6 5 3 i | 7 5 2 i -- |  
 wǒ suǒ xū yào nǎi shì nǐ de zì jǐ zuò wǒ shēng mìng gōng yìng zuò wǒ néng lì  
 我所需要乃是你的自己，作我生命供应，作我能力。  
 All that I need is none oth- er but Thee, Thou canst my hun- ger and thirst sat- is- fy.

3 3 3 2 2 . 0 | i i i 7 - 0 | 6 6 6 5 i . 0 | 5 4 3 2 -  
 wèi wǒ yǐn wǒ zhǔ wèi wǒ yǐn wǒ chōng wǒ jī è zhǔ jiě wǒ gān kě  
 (福) 喂我饮我，主，喂我饮我！充我饥饿，主，解我干渴！  
 (CHORUS) Feed me, Lord Je- sus, give me to drink, Fill all my hun- ger, quench all my thirst;

0 | 3 3 4 5 - 5 5 | i i 7 6 - 0 | 5 3 6 5 3 . 0 | 4 5 4 3 -- ||  
 shǐ wǒ kuài lè bìng qié yǒu lì shēng huó wèi wǒ yǐn wǒ zhǔ wèi wǒ yǐn wǒ  
 使我快乐，并且有力生活，喂我饮我，主，喂我饮我！  
 Flood me with joy, be the strength of my life, Fill all my hun- ger, quench all my thirst.

nǐ jīn shì huà shì líng yě shì shēng mìng zài zhè huà lǐ wǒ néng dé nǐ gòng yìng  
 2. 你今是话，是灵也是生命，在这话里，我能得你供应；  
 nǐ jīn shì líng zhù zài wǒ de líng lǐ zài zhè líng zhōng wǒ néng yǐn nǐ zì jǐ  
 你今是灵，住在我的灵里，在这灵中，我能饮你自己。  
 Thou in the Word art the Spirit and life, Thus by the Word I may feed upon Thee;  
 Thou dost as Spirit in my spirit live, Thus I may drink in the spirit of Thee.

dàn yuàn wǒ de dú jīng nǎi shì chī nǐ yě yuàn wǒ de dǎo gào jiù shì hē nǐ  
 3. 但愿我的读经乃是吃你；也愿我的祷告就是喝你；  
 dú dú dǎo dǎo wǒ jiù jiāng nǐ chī bǎo dǎo dǎo dú dú yě jiù jiāng nǐ hē le  
 读读祷祷，我就将你吃饱；祷祷读读，也就将你喝了。  
 Feeding and drinking, Lord Jesus, of Thee, Feeding by reading, and drinking by prayer;  
 Reading and praying, I eat and I drink, Praying and reading - Lord, Thou art my fare.

yé lì mǐ shū shí wǔ zhāng shí liù jié (Jeremiah 15:16)  
 耶利米书十五章十六节

wǒ dé zhe le nǐ de yán yǔ jiù dāng shí wù chī le  
 我得着了你的言语，就当食物吃了；  
 nǐ de yán yǔ chéng le wǒ xīn zhōng de huān xǐ kuài lè  
 你的言语成了我心中的欢喜快乐...  
 Your words were found and I ate them,  
 And Your word became to me The gladness and joy of my heart...

## *How to Contact and Enjoy the Lord*

### *Lesson Eight*

#### *By Reading the Bible (2)*

#### **Burden to Impart:**

*Growth in our spiritual life requires the nourishment of God's Word. As we feed on His Word through our reading of the Bible in a regular way we will find that we are growing, both in our spiritual life and in our understanding of God's Word. We do not need a "good feeling" to assure us of our growth and profit as we read the Word. We simply need to feed and read in a steady way. We will grow.*

**Memory Verse:** "Your words were found, and I ate them, and your word was to me the joy and rejoicing of my heart..." (Jeremiah 15:16).

#### **Facts to Teach:**

1. A good example of one who grew up strongly in God's Word is Timothy. From a "babe" he grew up with God's Word. This was mainly because his mother and grandmother fed him with the Word and taught it to him (2 Tim. 1:5; 3:14-15).
2. When he was older the apostle Paul, his spiritual father, told him to continue on in God's Word by reading it and diligently studying it (1 Tim. 4:13; 2 Tim. 2:15) on his own.
3. A few practical points will help in the reading of God's Word:
  - a) Try to obtain your own Bible (not just the New Testament).
  - b) In order to make it easier to develop the habit of reading the Bible, consider when would be the best time of the day for you to regularly read the Bible; i.e., make a plan.
  - c) Start by reading the New Testament, beginning with Matthew. Do not jump around to different places. Use a book marker and continue on each day where you left off the day before. It helps to have a goal when you read (Don't make your goal too hard!) perhaps one chapter each day. If you do not reach your goal one day, the next day simply continue on where you left off. Try your best to keep to your scheduled time! Soon it will not be so hard; it will be a good habit.
  - d) As you read the Bible, have a pencil handy. When you find a verse that is especially meaningful to you, underline it.
  - e) When you find a verse or two that especially draws your attention, pause and chew on them by pray-reading. By pray-reading we are brought deeper into the Word by mingling our reading with prayer. Since the Word of God is spirit and life (John 6:63) we need to use our spirit as we read His word in order to get the benefit of spiritual nourishment and understanding. As we pray-read we can call upon the Lord's name, say a prayer with the very words we are reading, and say "Amen!" to His Word. We should not expect "a good feeling" to assure us that we are being nourished. As time goes on you will see growth in your spiritual life.



